

Dr. S.J. Phillips

“Soaring to Success”

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Safe arrival: attendance.ddsbc.ca OR 1-844-350-2646



March 2020

ADMINISTRATIVE TEAM'S MESSAGE

**DURHAM DISTRICT
SCHOOL BOARD**



Principal:

D. Robson

Vice Principal:

S. D'Angelo

Office Administrator:

J. Metcalfe

Chief Custodian:

M. Fallis

**Superintendent of
O'Neill Family Schools:**

S. Nevills

Oshawa Trustees:

M. Barrett

(647) 409-5249

michael.barrett@ddsbc.ca

D. Forbes

905-213-5426

darlene.forbes@ddsbc.ca

A. Noble

905-260-9217

ashley.noble@ddsbc.ca



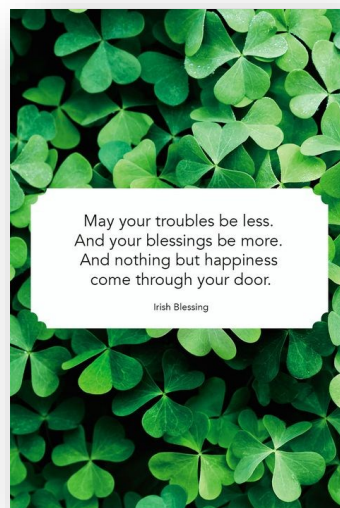
Welcome to March and soon Spring will arrive! Staff and students are nicely into term 2 and as a school, we continue to focus on maximizing student outcomes. Our staff are working diligently to provide students opportunities to learn through rich tasks and to provide guided instruction to support student learning. We are continuing to look closely at providing students descriptive feedback and how they can use this feedback in the future to help them as learners.

As a school, we continue to focus on building and sustaining an inclusive and positive school environment through our focus on character development. Our character attribute for the month of March is Integrity and we will be recognizing the positive attitudes and accomplishments that occur throughout the school.

Make sure to keep checking our Twitter feed : @PhillipsFalcons as well as the school website for any updates. They are regularly updated with information.

Don't forget that March Break begins on March 13th, 2020, so that means no school on Friday March 13th. We will be returning on Monday, March 23rd.

Everyone have a safe and happy break!





March is Bangladeshi Heritage Month

March 2nd - Standing Committee Meeting - 7:00 PM

March 2nd - First Day of Lent (Orthodox)

March 6th - Pizza Day

March 8th - International Women's day

March 9th - Holi

March 10th - SK & Gr 8 Graduation Picture Retakes

March 12th - Popcorn Day (SCC)

March 12th - Annual Beach Day Dance-A-Thon (SCC)

March 12th - Hawaii/Beach Spirit Day

March 13th - March Break begins

March Break - Schools closed - March 13th - March 20th

March 17th - St. Patrick's Day (Irish)/Irish Heritage Day

March 19th - Naw Ruz (New Year)

March 20th - Now Ruz

March 21st - Now Ruz (Ismaili)

March 21st - Naw Ruz (New Year's Day)

March 21st - World Down Syndrome Day

March 21st - United Nations International Day for the Elimination of Racism

March 23rd - Board Meeting - 7:00 PM

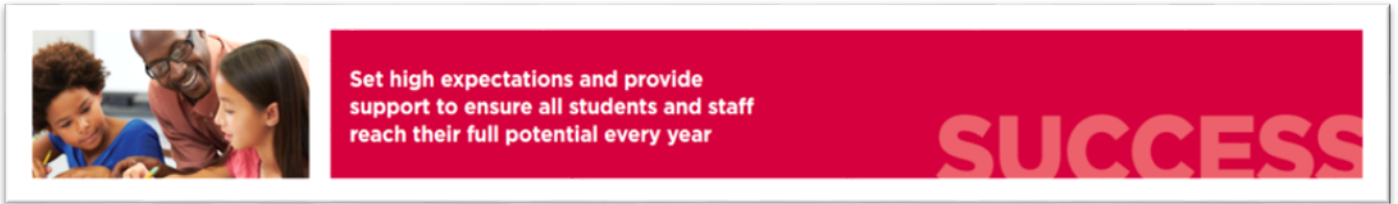
March 25th - International Day of Remembrance - Victims of Slavery and Transatlantic Slave Trade

March 26th - SEAC Meeting - 6:30 PM

March 26th - International Epilepsy Awareness Day

March 27th - Pizza Day





Our Winter Wonderland theme has been switched out for a true Canadian, mouth watering study - that of Maple Syrup! Primaries are learning the sequence of production, enjoying legends and funny mysteries surrounding this yummy substance.

Besides this, junior and intermediate students have produced indepth and creative inquiry projects stemming from Black History Month studies. It is impressive how research skills are growing and they are able to dig deeper and ask thought evoking questions!

Let's keep the curious minds of our students active - through questioning, research and reading!





Create safe, welcoming, inclusive learning spaces to promote well-being for all students and staff

well-being



Promote a sense of belonging and increase equitable outcomes for all by identifying and addressing barriers to success and engagement.

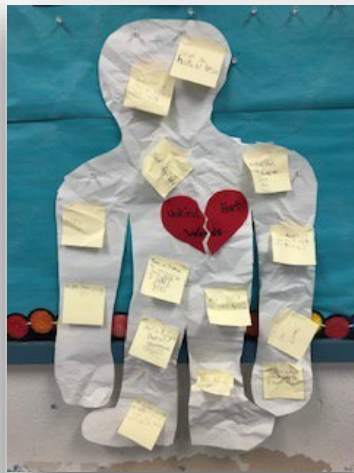
equity

Pink Shirt Day

In 2007 two boys, David and Travis, noticed another boy being bullied at school for wearing a pink shirt.

That night they went out and bought 50 tank tops and sent out a message to their classmates asking them to wear pink to show support for the boy who was being bullied. The next day David and Travis handed out the tank tops in the school's foyer to anyone who wanted to stand up to the bully too!

The kindness of the two boys helped stop the bullying! What kind things can you do to make the world a better place?



Attention Families

Save the date

Grade 8 Graduation

is

Tuesday, June 16th, 2020

Senior Kindergarten Graduation

is

Wednesday, June 17th, 2020



SCC NEWS



Engage students, parents and community members to improve student outcomes and build public confidence

ENGAGEMENT

Upcoming events:

The SCC is happy to announce that our annual Beach Day Dance-a-Thon will be held on March 12th. We are requesting a \$2 online donation for all participating students. There are additional choices for donation available, please see school cash online for donation options. Popcorn and treats will be available for \$1 each (cash only please for food). Students are encouraged to bring a reusable container for popcorn as well as a bottle for water.

We will be holding our monthly popcorn days on the following dates:

- *March 12th (at the dance)
- *April 7th
- *May 5th
- *June 2nd

What does the current work to rule and strike action mean for upcoming events?

The SCC is still able to meet and hold or plan things that take place during regular school hours. We are planning some things for spring with some adjustable options depending where things stand with the work to rule. We remain hopeful and will as always do all we can for our wonderful school community.

How can you help your SCC or school community?

SCC meetings are held at 6:30 pm in the library each month, below are the dates:

- *April 8th
- *May 6th
- *June 3rd

If you are interested in helping out but don't have interest in formally joining the committee, call the office or request a volunteer list form and you can be added to the email list for casual volunteers for SCC events and efforts.

What do our fundraising efforts help with?

The SCC has been able to help with the costs of the new gross motor sensory pathway decals located on the first floor by the kindergarten classrooms. We have had the pleasure of helping with \$500 of books for the library as well as two wobbly stools for one of our classrooms. We will be making more decisions and helping to cover some more costs for different areas of our school.



EQUITY AND INCLUSION



Promote a sense of belonging and increase equitable outcomes for all by identifying and addressing barriers to success and engagement.

equity

Faith Days in March

March 2nd - Lent (Orthodox)

March 9th - Holi

March is Bangladeshi Heritage Month

Ontario is home to a large and vibrant Bangladeshi community. Across our province, Bangladeshi Canadians people have made significant contributions to science, athletics, and cultural and political development.

March 8th- International Women's Day

International Women's Day is celebrated around the world. Established in 1977 by the United Nations, this special day is an excellent opportunity to recognize the contributions to social justice and international peace and security that have been made by women. March 8th also provides an opportunity to reflect on the progress made to advance women's equality, to assess the challenges facing women in contemporary society, to plan steps to enhance the status of women, and to celebrate the gains made in these areas. The theme for this year is *I am Generation Equality: Realizing Women's Rights*. The theme is aligned with UN Women's new multigenerational campaign.

<https://www.unwomen.org/en/news/stories/2019/12/announcer-international-womens-day-2020-theme>

March 17th - St. Patrick's Day (Irish)/Irish Heritage Day

Irish immigrants were among the earliest settlers in Canada. In 1845, Irish immigrants, fleeing the potato famine in Ireland, began settling in Ontario in large numbers. They brought to Ontario and Canada their values of hard work, devotion to family, service to the community and the perpetual hope for a better future for themselves and their fellow citizens.

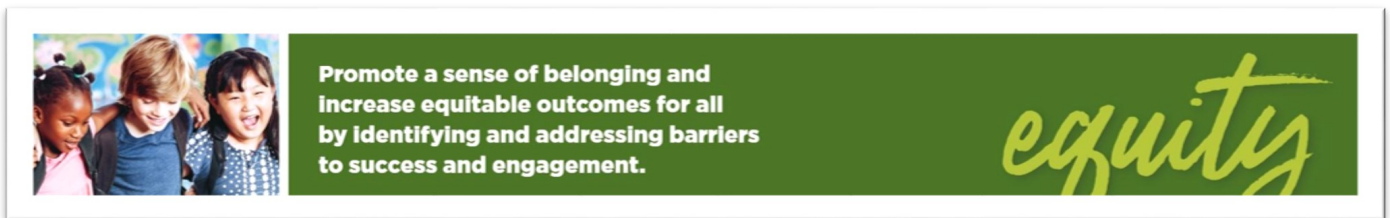
Ontario citizens of Irish descent made significant contributions to the founding of Canada. They have made and continue to make significant contributions to the development of Canada, especially over the more than 150 years since the first large waves of Irish immigration. It is important to recognize and celebrate those contributions.

Today the rich cultural heritage of Canada's Irish community is an integral part of Canadian national culture and identity and belongs, by right, to all Canadians of all backgrounds. As evidence of that fact, the coat of arms of Canada bears several symbols of Irish heritage: the Royal Harp of Tara representing the historic coronation place of the High King or Ard Righ of Ireland and the Shamrock and Cross of Saint Patrick.

It is appropriate to recognize March 17, the day of Saint Patrick, the patron saint of the Irish, as Irish Heritage Day in Ontario.

<https://www.ontario.ca/laws/statute/04010>





March 21st - United Nations International Day for the Elimination of Racism

Beginning in 1966, the International Day for the Elimination of Racial Discrimination has been observed annually on March 21st around the world. On this day in 1960, police opened fire and killed 69 people at a peaceful demonstration against apartheid “pass laws” in Sharpeville, South Africa. This incident provoked outrage and an increased desire to see racial discrimination of all sorts eliminated. This year’s theme is: “Mitigating and countering rising nationalist populism and extreme supremacist ideologies.”

Resources: <http://www.un.org/en/events/racialdiscriminationday/resources.html>

March 19-Naw Ruz (New Year)

This is the first day of the year in the Baha’i calendar according to the Vernal or Spring Equinox. This day represents the new life of Spring and marks the end of the 19-day period of fasting.

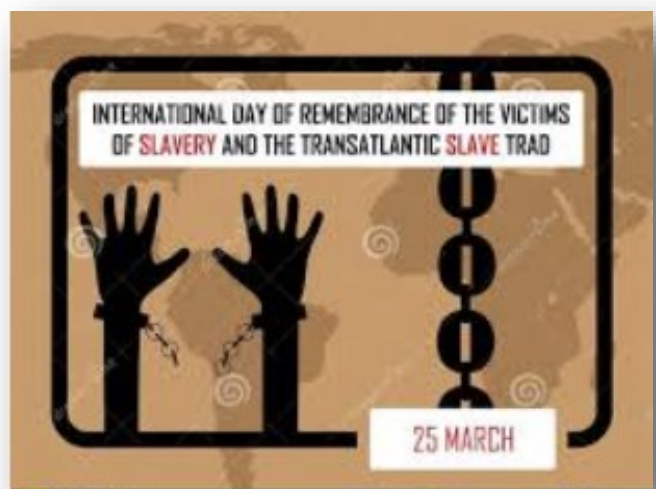
March 25th - International Day of Remembrance - Victims of Slavery and Transatlantic Slave Trade

For over 400 years, more than 15 million men, women and children were the victims of the tragic transatlantic slave trade, one of the darkest chapters in human history.

Every year on 25 March, the International Day of Remembrance of the Victims of Slavery and the Transatlantic Slave Trade offers the opportunity to honour and remember those who suffered and died at the hands of the brutal slavery system. The International Day also aims to raise awareness about the dangers of racism and prejudice today.

In order to more permanently honour the victims, a memorial has been erected at United Nations Headquarters in New York. The unveiling took place on 25 March 2015. The winning design for the memorial, The Ark of Return by Rodney Leon, an American architect of Haitian descent, was selected through an international competition and announced in September 2013.

<http://www.un.org/en/events/slaveryremembranceday/resources.html>





Create safe, welcoming, inclusive learning spaces to promote well-being for all students and staff

well-being

Character Education

In March we are focusing on

Integrity

DURHAM DISTRICT SCHOOL BOARD
CHARACTER Education
A FOUNDATION for your FUTURE!

TEAMWORK I work COOPERATIVELY, valuing the contributions of others and ENCOURAGE PARTICIPATION.	RESPONSIBILITY I am reliable and dependable in my work. I LISTEN to what people say and I TAKE RESPONSIBILITY for my actions and the consequences of my actions.	RESPECT I respect the way that others are different from me and I am POLITE. I PROTECT the rights of others and I do not discriminate.	PERSISTENCE I am DETERMINED and I do not give up when I face challenges. I know that I can succeed if I try hard enough and I do not give up when I face challenges.	OPTIMISM I have a POSITIVE attitude. I see challenges as opportunities for learning. I HAVE HOPE for the future.
KINDNESS I am kind and I try to help others. I HELP others in need and I am CHARITABLE.	INTEGRITY I always try to do what is right, even when it is difficult. I try to be my BEST SELF and I live up to the highest ETHICAL standards.	HONESTY I am TRUTHFUL and SINCERE.	EMPATHY I respect and understand the feelings of others. I have KINDNESS and COMPASSION.	COURAGE I face my fears with CONFIDENCE. I have BRAVERY and I AM CHALLENGED daily.

INTEGRITY

I always **try** to do what's right, even when it is difficult.

I am true to be my very **BEST SELF.**

I live up to the highest **ETHICAL** standards.



ACTION CALENDAR: MINDFUL MARCH 2020



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Set an intention to live with awareness and kindness	2 Get outside and notice five things that are beautiful	3 Cultivate a feeling of loving-kindness towards others today	4 Start today by appreciating that you're alive and have a body	5 Every hour simply take three calm breaths in and out	6 Eat mindfully. Appreciate the taste, texture & smell of your food	7 Listen to a piece of music without doing anything else
8 No plans day. Slow down and let spontaneity take over	9 When someone is speaking, take a full breath before you reply	10 Stay fully present while drinking your cup of tea or coffee	11 Notice how you speak to yourself. Try to use kind words	12 Feel the cool of a breeze or warmth of the sun on your face	13 Stop, breathe and just notice. Repeat regularly during the day	14 Enjoy doing any chores or tasks more mindfully today
15 Stop to just watch the sky or clouds for ten minutes today	16 Do something creative that absorbs your attention	17 Look around and spot 3 things you find unusual or pleasant	18 If you find yourself rushing, make an effort to slow down	19 Listen deeply to someone and really hear what they are saying	20 Happy International Day of Happiness! dayofhappiness.net	21 Notice the joy to be found in the simple things of life
22 Have a device-free day and enjoy the space it offers	23 Take an unusual route and notice what looks different	24 Notice when you're tired and take a break as soon as possible	25 Make a list of amazing things that you take for granted	26 Tune in to your feelings, without judging or trying to change	27 Stop work earlier and use the time to be still and relax	28 Bring to mind all the people you love and care about
29 Appreciate your hands and all the things they enable you to do	30 Mentally scan down your body and notice what it is feeling	31 Go nature spotting today. Even in a city, life is all around	<p>"Mindfulness means being awake. It means knowing what you are doing" - Jon Kabat-Zinn</p>			

ACTION FOR HAPPINESS

www.actionforhappiness.org

Find out more about the Ten Keys to Happier Living, including books, guides, posters and more here: www.actionforhappiness.org/10-keys

Babysitters Training

"A new way to learn!" A SAFE, FUN and EFFECTIVE course for youth aged 10-14

Whitby	Friday, March 20th, 2020	9am-3pm	MARCH BREAK
Oshawa	Saturday, May 9th, 2020	10am-4pm	
Pickering	Sunday, May 31st, 2020	10am-4pm	
Ajax	Sunday, June 14th, 2020	10am-4pm	
Whitby	Friday, June 26th, 2020	9am-3pm	PA DAY - All Schools

Space is Limited - You must Pre-Register - Choose 1 Date

Courses are taught by **Certified Instructors and teaches:**

Getting your first job safely- Interview tips, resume and prep skills to impress!

Keep others SAFE while in your care and control, understanding babysitter responsibilities and specific care and requirements for children of all ages.

Advanced First Aid including airway management, choking/obstruction and rescue breathing in addition to common injuries and illnesses.

Emergency Readiness and response to critical situations such as: Fire Safety, Kitchen Safety, poisons, staying calm and proper use of 911/EMS

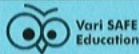
Having Fun! Creative games, ideas and helpful tips to make you a great sitter!

Instructor Led Training on feeding, bathing and changing infants etc.

Enroll in the most **TRUSTED, SAFE and EFFECTIVE** Babysitters Course today! All content is approved and/or provided by the Ontario Provincial Police & Fire Marshalls Office.

Register Online: www.varisafe.ca

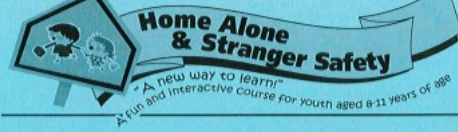
Course locations, FAQ and more available online 24/7



Upon registration, you will receive a confirmation email including all course details such as: **course location & directions**, what to bring and how to make payment the morning of the course. **Course cost: \$53.10 plus HST**. Participants will receive a **Wallet Certification Card** and **Babysitters Training Manual**.

Questions? Email or call us toll free, **Mon-Fri 1-866-974-7488 (SITT)**

Do you want to stay Home Alone?



Whitby	Monday, March 16th, 2020	9am-3pm	MARCH BREAK
Ajax	Tuesday, March 17th, 2020	9am-3pm	MARCH BREAK
Oshawa	Friday, April 3rd, 2020	9am-3pm	PA DAY
Pickering	Sunday, April 19th, 2020	10am-4pm	
Whitby	Tuesday, July 2nd, 2020	9am-3pm	SUMMER BREAK

Space is Limited - You must Pre-Register - Choose 1 Date

THE ONLY FULL DAY, FULL FUN and EFFECTIVE HOME ALONE COURSE available!
Courses are taught by **Certified Instructors**. Students learn, and will be able to demonstrate:

Communication skills to support family safety

Honesty, limitations, your Home Safe route and Home Alone agreement

Prevention techniques to avoid dangerous situations

Household fires and accidents, injuries, stranger dangers and street smarts

Safety skills by interactive training, hands on practice and coaching

Identify strangers and risks, door, phone and kitchen safety & beginner First Aid

Responsibility and building maturity to stay Home Alone

Home Safe messages, Home Alone productivity, house rules and schedule

Confidence to handle unexpected dangers or emergencies

With strangers and situations, how to call 911, the power of NO and keeping self SAFE!

Register Online: www.varisafe.ca

Email us: info@varisafe.ca



Upon registration, you will receive a confirmation email including all course details such as: **course location & directions**, what to bring and how to make payment the morning of the course. **Course cost: \$53.10 plus HST**.

Participants will receive a **Certificate of Completion** and **Guide Book** including **First Aid, Home Alone Safety & Stranger Safety**.

Since 1993 **Royal City Soccer Club**

SOCCER DAY CAMPS 2020

Pickering, Ajax
Whitby & Oshawa

- * July and August weeks
- * all children aged 5 to 13
- * morning & full day sessions
- * before & after care available
- * camp soccer ball, tshirt & medal for all participants

Register by March 31 or June 1, 2020 for AMAZING discounts

1-800-427-0536 royalsoccer.com

DBEN
Durham Black Educators Network

Activating Student Success AWARDS & GALA

Celebrating 15 years of Black Excellence

Keynote by Internationally Acclaimed **Baruti Kafele**
Recipient of the New Jersey Education Association Award of Excellence and the Milken National Educator Award

THURSDAY MAY .07. 2020

The Robert McLaughlin Gallery
72 Queen St, Oshawa, ON L1H 3Z3
Doors open at 6:00 PM - Event starts at 6:30 PM

Tickets: \$50.00 - children aged 6 and under are free
To purchase tickets: <https://tinyurl.com/vrgvqc>

[@DurhamDBEN @DurhamBlackEducators](http://www.DBEN.org)

Royal Ontario Museum March Break Offer for Students



MARCH BREAK AT THE ROM
— MARCH 14 - 22 —

THE ROM IS THE ULTIMATE MARCH BREAK ESCAPE WITH 9 DAYS OF ACTIVITIES AND EXHIBITIONS.

15% OFF ROM ADMISSION
Buy tickets at ROM.ON.CA
Enter promo code: **DDSB2020EL**

Admission offer valid until March 29, 2020
TERMS AND CONDITIONS: Valid for 15% off per admission ticket. Limit 4 guests per coupon. Cannot be combined with other offers. Not valid for School/Trade.
CASHIER CODE: 4110



ROM MEMBERSHIP

SAVE UP TO 15%
on a 1-year ROM Family Membership*

Exclusive exhibition previews, tours, lectures, Member-only discounts, and so much more! You'll also enjoy free unlimited admission to ROM galleries and featured exhibitions all year.



Enter promo code **DDSB2020EL** at rom.on.ca/membership
Offer expires **March 29, 2020**

TERMS & CONDITIONS: *Offer valid on new one-year ROM FAMILY (admits 2 named adults and up to 4 children 17 years and younger) memberships purchased online or in person at the ROM Admission Desk with promo code. Offer expires March 29, 2020. Cannot be combined with other offers or discounts. Offer subject to change without notice. For complete details please refer to the general admission policy on the ROM website or an agency of the Government of Ontario.

Royal Ontario Museum is pleased to offer a 15% off discount coupon to Dr. S.J. Phillips Public School students, staff and their families to their ROM March Break activities (March 14-22).

In addition to family programming, they also have 3 feature exhibitions this season with loads of fun educational content: [Winnie-the-Pooh: Exploring a Classic](#), [Bloodsuckers: Legends to Leeches](#) and [Wildlife Photographer of the Year](#).

The offer is valid for 15% off all admission rates plus 15% off family memberships and expires March 29, 2020.

ON NOW

[Bloodsuckers: Legends to Leeches](#)
[Wildlife Photographer of the Year](#)

COMING SOON

March 7, 2020 | [Winnie-the-Pooh: Exploring a Classic](#)
April 4, 2020 | [The Cloth that Changed the World: India's Painted and Printed Cottons](#)
May 16, 2020 | [Egyptian Mummies: Exploring Ancient Lives](#)



Engage students, parents and community members to improve student outcomes and build public confidence.

engagement

SAVE THE DATE

Parents as Partners SYMPOSIUM 2020

A fun and interactive morning of learning for parents/guardians and students Kindergarten to Grade 12!

SATURDAY, APRIL 4, 2020

J. Clarke Richardson Collegiate, Ajax - 9:30am to 1:00pm

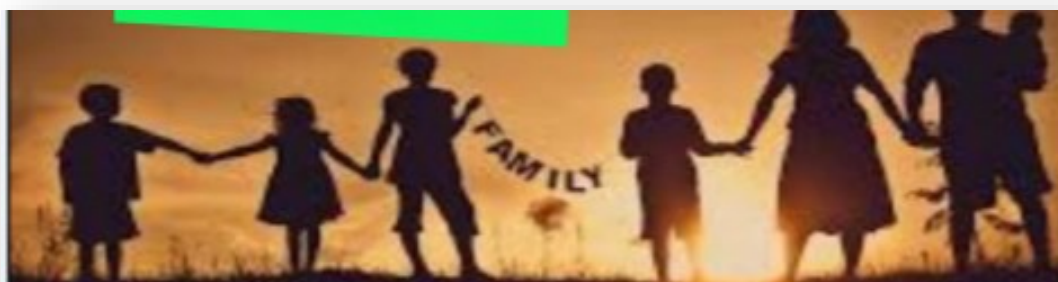
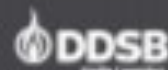
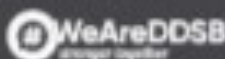
Featuring award-winning coach, educator, and leader

DR. IVAN JOSEPH

speakers.ca/speakers/dr-ivan-joseph

VISION 2020 See it. Achieve it.

*Stay tuned for registration details



INDIGENOUS FAMILY NIGHT

Self-Identified First Nations, Metis and Inuit

Durham District School Board and Carea are partnering on Indigenous Family Nights

We invite our First Nation, Metis and Inuit community members and their families to join us for dinner!

The evening welcomes knowledge sharing, crafts, food and monthly guests.

This family gathering time provides an opportunity to connect with community and build relationships.

For more information, please call Jen B at 905-723-0036 x1222



Carea Community Health Centre

Oshawa Location

115 Grassmere Ave, Oshawa



Wednesday Nights

Dinner: 5:00-6:00pm

Family Program: 6:00-7:30pm





Engage students, parents
and community members to
improve student outcomes
and build public confidence.

engagement

Do you have time, skills, ideas or help to offer our SCC and school as a whole?

This is a list of names and emails for parents/guardians who want to contribute to the school community but can't or would rather not officially join the SCC. If you are one of these people please fill out this form and return to the booth or send in to school with your child.

Please circle what applies to you:

I have time during: Daytime Evenings Weekends It changes

I would like to help with:

Fall Festival planning Fall festival setup (afternoon before)

Festival take down (right after the festival ends) Fall craft (after school)

Raffle baskets wrapping Christmas décor Popcorn Days

Dance-a-thon behind the scenes (making signs or flyers, shopping or calling for donations etc)

Teacher's Luncheon day of Luncheon donations of a dish to serve

Bake Sale donations Other upcoming events or jobs

I have a skill/experience with:

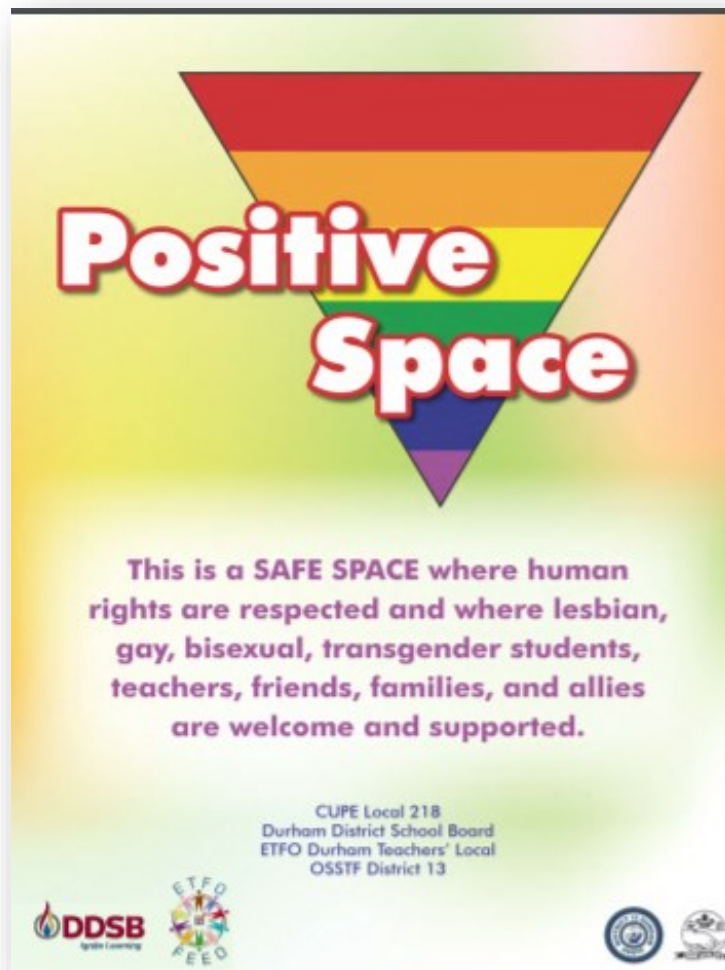
Graphic design Crafting/arts Baking/cooking Fundraising/grant proposals New ideas etc

I have a child in highschool who needs volunteer hours: Yes No

Add your name and email or phone number and you will be added to our volunteer list. Please note that you are under no obligation to volunteer when contacted. We will send out a general email when we need many people and specific emails if it is for a certain skill needed or things of that nature. If you can not help with that one just reply not this time or don't and just wait for our next email. You won't be excluded or passed over if you say no. Even if you can only do a very small amount it is helpful and appreciated! Thank you in advance!

Name: _____

Email/phone #: _____



Our monthly school newsletter is "paperless".

If you require a hard copy of the newsletter, please let your child's teacher know.

